

Cupping



Benefits of Cupping

- Detoxes
- Balances
- Meridian Balance
- Helps with Aches and pains
- De-stress
- Helps relaxes the muscles

This therapy involves a number of different cups being placed on certain meridian points on the body, this in turn will balance the meridians within the body therefore helping the body to balance itself and to eliminate any toxins that may be causing stress within your body

This is an ideal therapy if you have a fear of needles and would like to receive the benefits of acupuncture, but without the needles!

It is worth noting that this treatment can leave bruising that will clear within a few days.

Duration of therapy - Each session lasts 45 minutes to 1 hour

Cost of therapy - £25 - £30

