

Herbalism



Herbalism helps with the following:

- addictions
- illness
- stress
- anxiety
- depression
- aches and pains
- medical conditions

This treatment uses herbs to help relief symptoms from illness. during your consultation you will be asked a set of questions to help assess your health needs.

The herbalist will then offer you a herbal prescription to balance any symptoms you may have.

Duration of Treatment 30 minutes

Cost of treatment is free however there will be a cost for prescription