

Hopi Ear Candles



Hopi Ear Candle Therapy helps with the following

- sinus problems
- blocked ears
- stress
- anxiety
- depression
- aches and pains
- medical conditions

The candles are made from a recipe of herbs and bees wax and placed in to the ear. Once lit the candle creates a vacuum within the inner ear allowing the healing and soothing properties of the herbs to penetrate the inner ear.

Hopi Ear Candles can be used to help stress, headaches, sinus problems and to promote relaxation

Duration of therapy - Each session lasts 30-45minutes

Cost of therapy - £25