

Indian Head Massage



The benefits of Indian Head Massage include:

- stress reduction
- relief of aches and pains
- reduction of headaches
- mobility within the neck and joints
- fertility
- PMT and many more

This treatment involves the manipulation of the soft tissue and muscles around the neck, head and hair.

The treatment has been developed to include the neck and shoulders, the treatment pressure can be firm or soft depending on your preference.

You do not need to be undressed for this treatment!

Duration of therapy - Each session lasts 45 minutes or 1 hour

Cost of therapy - £25 - £35